

Group	Gender	Routine	Name
Friday, Feb 10			
Warm up and training			
<u>Session #1</u>			
<u>Taolu</u>			
C (U12)	F	Jianshu (Straight sword)	Ellie Jiang
C (U12)	F	Jianshu (Straight sword)	Haylee Reyes
C (U12)	F	Jianshu (Straight sword)	Emily Hou
C (U12)	F	Jianshu (Straight sword)	Candice Leung
C (U12)	M	Jianshu (Straight sword)	Elijah Reyes
C (U12)	M	Jianshu (Straight sword)	Jediah Tu
C (U12)	M	Jianshu (Straight sword)	Aaden Wang
C (U12)	M	Jianshu (Straight sword)	Eason Gao
C (U12)	F	DaoShu (Broad sword)	Kalia Lee
C (U12)	F	DaoShu (Broad sword)	Emily Feng
C (U12)	F	DaoShu (Broad sword)	Honoriam Ramjuttun-Arsenault
C (U12)	F	DaoShu (Broad sword)	Eunice Sun
C (U12)	F	DaoShu (Broad sword)	Elva Wang
C (U12)	M	DaoShu (Broad sword)	Benjamin Li
C (U12)	M	DaoShu (Broad sword)	Jasper Chu
C (U12)	M	DaoShu (Broad sword)	Greyson Santos
C (U12)	M	DaoShu (Broad sword)	Eden Cheung
C (U12)	M	DaoShu (Broad sword)	Kaden Santos
C (U12)	M	DaoShu (Broad sword)	Ryan Gao
C (U12)	M	DaoShu (Broad sword)	Oscar Lin
U29 Years	M	NanDao (Southern Sword)	Rasa Rahnema
U29 Years	M	NanDao (Southern Sword)	Bradley Guo
U29 Years	M	NanDao (Southern Sword)	Vincent Delorme
U29 Years	M	NanDao (Southern Sword)	Oliver Lin
U29 Years	M	NanDao (Southern Sword)	Enoch Chen
U29 Years	F	NanDao (Southern Sword)	Sissi Tu
U29 Years	F	NanDao (Southern Sword)	Saydee Szuto
A judges lunch			
Wushu Challenge #1 - Bare Hand Routine - refer to tab 1			
B judges lunch			
Wushu Challenge #3 - Strength and Core - refer to tab 3			

Group	Gender	Routine	Name
<u>Session #2</u>			
<u>Traditional</u>			
Traditional (U15)	F	Bagua Zhang	Felicia Zhou
Traditional (U15)	F	Chaquan	Valencia Ramjuttun-Arsenault
Traditional (U15)	F	Bagua Zhang	Angela Liang
Traditional (U15)	F	Yingzhao	Charlie Gauthier
Traditional (U15)	F	Bagua Zhang	Sophia Liang
Traditional (U15)	M	Chaquan	Dante Menendez
Traditional (U15)	M	Chaquan	Jacob Hoa
Traditional (U15)	M	Barehand	Chengfan Wang
Traditional (U15)	M	Barehand	Grayden Hahn
Traditional (16-29Y)	M	Little warrior	Justin Dakin
Traditional (16-29Y)	M	Dragon	Anthony Spina
Traditional (16-29Y)	M	Crane	Sheil Patel
Traditional (16-29Y)	M	Barehand	Danny Richardson
Traditional (16-29Y)	F	Small Eagle claw form	Gabriela Mozon
Traditional (16-29Y)	F	Chum Kiu	Elsa Khairallah
Traditional (16-29Y)	F	Dragon	Avani Patel
Wushu Challenge #5 - Rotational Jumps - refer to tab 5			
<u>Taolu</u>			
A (16-29Y)	F	Jianshu (Sword)	Zihan Cai
A (16-29Y)	F	Jianshu (Sword)	Ianna chan
A (16-29Y)	F	Jianshu (Sword)	Antigone Tse
A (16-29Y)	F	Jianshu (Sword)	Amanda Sun
A (16-29Y)	F	Jianshu (Sword)	Jerrica Chen
A (16-29Y)	F	DaoShu (Broadsword)	Kiyan Leung
A (16-29Y)	M	Jianshu (Sword)	Daniel Amigoud
A (16-29Y)	M	Jianshu (Sword)	Chris Gao
A (16-29Y)	M	Jianshu (Sword)	Martin Zhou
A (16-29Y)	M	DaoShu (Broadsword)	Rex Lam
A (16-29Y)	M	DaoShu (Broadsword)	Kai-Hsin Chang
A (16-29Y)	M	DaoShu (Broadsword)	Allen Liu
A (16-29Y)	M	DaoShu (Broadsword)	Andrew Compton
A (16-29Y)	M	DaoShu (Broadsword)	Nathan Tam
End of Day 1			

Group	Gender	Routine	Name
Saturday, Feb. 11			
Warm up and training			
Wushu Challenge #2 - Weapon Routine - refer to tab 2			
Session #3			
<u>Taolu Event</u>			
C (U12)	F	ChangQuan (Long Fist)	Candice Leung
C (U12)	F	ChangQuan (Long fist)	Elva Wang
C (U12)	F	ChangQuan (Long fist)	Emily Feng
C (U12)	F	ChangQuan (Long fist)	Kalia Lee
C (U12)	F	ChangQuan (Long fist)	Eunice Sun
C (U12)	F	ChangQuan (Long fist)	Honoriam Ramjuttun-Arsenault
C (U12)	F	ChangQuan (Long Fist)	Haylee Reyes
C (U12)	F	ChangQuan (Long Fist)	Ellie Jiang
C (U12)	F	ChangQuan (Long Fist)	Emily Hou
C (U12)	M	ChangQuan (Long Fist)	Eason Gao
C (U12)	M	ChangQuan (Long Fist)	Jediah Tu
C (U12)	M	ChangQuan (Long fist)	Kaden Santos
C (U12)	M	ChangQuan (Long fist)	Jasper Chu
C (U12)	M	ChangQuan (Long fist)	Greyson Santos
C (U12)	M	ChangQuan (Long fist)	Benjamin Li
C (U12)	M	ChangQuan (Long fist)	Oscar Lin
C (U12)	M	ChangQuan (Long fist)	Eden Cheung
C (U12)	M	ChangQuan (Long Fist)	Elijah Reyes
C (U12)	M	ChangQuan (Long Fist)	Aaden Wang
C (U12)	M	ChangQuan (Long fist)	Ryan Gao
B judges lunch			
Wushu Challenge #4 - Horse Stance - refer to tab 4			
A judges lunch			
<u>Traditional</u>			
Traditional (U15)	F	Shuangjian	Charlie Gauthier
Traditional (U15)	F	Bagua Sword	Angela Liang
Traditional (U15)	F	Bagua Sword	Felicia Zhou
Traditional (U15)	F	Fan	Valencia Ramjuttun-Arsenault
Traditional (U15)	F	Bagua Sword	Sophia Liang
Traditional (U15)	M	Combined Weapon	Grayden Hahn
Traditional (U15)	M	Double daggers	Jacob Hoa
Traditional (U15)	M	Combined Weapon	Chengfan Wang

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Traditional (U15)	M	fan	Dante Menendez
Traditional (16-29Y)	M	Combined Weapon	Danny Richardson
Traditional (16-29Y)	M	Sword	Anthony Spina
Traditional (16-29Y)	F	Luk dim boon gun	Elsa Khairallah
Traditional (16-29Y)	F	Dual butterfly knives	Gabriela Mozon
Traditional (16-29Y)	M	Double broadsword	Sheil Patel
Traditional (16-29Y)	M	Whirlwind staff	Justin Dakin
Traditional (16-29Y)	F	Double edge-dagger	Avani Patel
<u>Session #4</u>			
<u>Taolu</u>			
U29 Years	M	NanGun (Southern Staff)	Bradley Guo
U29 Years	M	NanGun (Southern Staff)	Oliver Lin
U29 Years	M	NanGun (Southern Staff)	Rasa Rahnema
U29 Years	M	NanGun (Southern Staff)	Enoch Chen
U29 Years	M	NanGun (Southern Staff)	Vincent Delorme
U29 Years	F	NanGun (Southern Staff)	Sissi Tu
U29 Years	F	NanGun (Southern Staff)	Saydee Szuto
A (16-29Y)	F	GunShu (Staff)	Kiyan Leung
A (16-29Y)	M	GunShu (Staff)	Allen Liu
A (16-29Y)	M	GunShu (Staff)	Andrew Compton
A (16-29Y)	M	GunShu (Staff)	Rex Lam
A (16-29Y)	M	GunShu (Staff)	Nathan Tam
A (16-29Y)	M	GunShu (Staff)	Kai-Hsin Chang
A (16-29Y)	F	Qiangshu (Spear)	Jerrica Chen
A (16-29Y)	F	Qiangshu (Spear)	Ianna chan
A (16-29Y)	F	Qiangshu (Spear)	Amanda Sun
A (16-29Y)	F	Qiangshu (Spear)	Zihan Cai
A (16-29Y)	F	Qiangshu (Spear)	Antigone Tse
A (16-29Y)	M	Qiangshu (Spear)	Martin Zhou
A (16-29Y)	M	Qiangshu (Spear)	Daniel Amigoud
A (16-29Y)	M	Qiangshu (Spear)	Chris Gao
B (13-15Y)	F	Qiangshu (Spear)	Angelica Chen
B (13-15Y)	F	Qiangshu (Spear)	Chloe Lee
B (13-15Y)	F	Qiangshu (Spear)	Olivia Szuto
B (13-15Y)	F	Qiangshu (Spear)	Paisley Leung
B (13-15Y)	F	Qiangshu (Spear)	Clara Tang-Ruggiero
B (13-15Y)	M	Qiangshu (Spear)	Thomas Chen

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B (13-15Y)	M	Qiangshu (Spear)	Michael Lee
B (13-15Y)	F	GunShu (Staff)	Sophia Liao
B (13-15Y)	M	GunShu (Staff)	Beckham Jones
B (13-15Y)	M	GunShu (Staff)	Alex Yang
Wushu Challenge #7 - Handstand Balance - refer to tab 7			
End of Day 2			
Sunday, Feb. 12			
Warm up and training			
<u>Session #5</u>			
<u>Taolu</u>			
B (13-15Y)	F	Jianshu (Sword)	Clara Tang-Ruggiero
B (13-15Y)	F	Jianshu (Sword)	Olivia Szuto
B (13-15Y)	F	Jianshu (Sword)	Chloe Lee
B (13-15Y)	F	Jianshu (Sword)	Angelica Chen
B (13-15Y)	F	Jianshu (Sword)	Paisley Leung
B (13-15Y)	M	Jianshu (Sword)	Michael Lee
B (13-15Y)	M	Jianshu (Sword)	Thomas Chen
B (13-15Y)	F	DaoShu (Broadsword)	Sophia Liao
B (13-15Y)	M	DaoShu (Broadsword)	Beckham Jones
B (13-15Y)	M	DaoShu (Broadsword)	Alex Yang
Saturday, Feb 11			
Warm up and Training			
<u>Session #5</u>			
Wushu Challenge #6 - Single Leg Balance			
<u>Taolu</u>			
C (U12)	F	Qiangshu (Spear)	Ellie Jiang
C (U12)	F	Qiangshu (Spear)	Emily Hou
C (U12)	F	Qiangshu (Spear)	Candice Leung
C (U12)	F	Qiangshu (Spear)	Haylee Reyes
C (U12)	M	Qiangshu (Spear)	Jediah Tu

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C (U12)	M	Qiangshu (Spear)	Aaden Wang
C (U12)	M	Qiangshu (Spear)	Elijah Reyes
C (U12)	M	Qiangshu (Spear)	Eason Gao
C (U12)	F	GunShu (Staff)	Elva Wang
C (U12)	F	GunShu (Staff)	Emily Feng
C (U12)	F	GunShu (Staff)	Honoriam Ramjuttun-Arsenault
C (U12)	F	GunShu (Staff)	Eunice Sun
C (U12)	F	GunShu (Staff)	Kalia Lee
C (U12)	M	GunShu (Staff)	Ryan Gao
C (U12)	M	GunShu (Staff)	Greyson Santos
C (U12)	M	GunShu (Staff)	Eden Cheung
C (U12)	M	GunShu (Staff)	Kaden Santos
C (U12)	M	GunShu (Staff)	Benjamin Li
C (U12)	M	GunShu (Staff)	Oscar Lin
C (U12)	M	GunShu (Staff)	Jasper Chu
A (16-29Y)	F	ChangQuan (Long fist)	Jerrica Chen
A (16-29Y)	F	ChangQuan (Long fist)	Amanda Sun
A (16-29Y)	F	ChangQuan (Long fist)	Zihan Cai
A (16-29Y)	M	ChangQuan (Long fist)	Kiyan Leung
A (16-29Y)	F	ChangQuan (Long fist)	Ianna chan
A (16-29Y)	F	ChangQuan (Long fist)	Antigone Tse
A (16-29Y)	M	ChangQuan (Long fist)	Martin Zhou
A (16-29Y)	M	ChangQuan (Long fist)	Allen Liu
A (16-29Y)	M	ChangQuan (Long fist)	Nathan Tam
A (16-29Y)	M	ChangQuan (Long fist)	Rex Lam
A (16-29Y)	M	ChangQuan (Long fist)	Chris Gao
A (16-29Y)	M	ChangQuan (Long fist)	Kai-Hsin Chang
A (16-29Y)	M	ChangQuan (Long fist)	Andrew Compton
A (16-29Y)	M	ChangQuan (Long fist)	Daniel Amigoud
Wushu Challenge #8 - Squat Jumps - refer to tab 8			
Lunch			
Wushu Challenge #9 - Bar Hang - refer to tab 9			
B (13-15Y)	F	ChangQuan (Long fist)	Clara Tang-Ruggiero
B (13-15Y)	F	ChangQuan (Long fist)	Olivia Szuto
B (13-15Y)	F	ChangQuan (Long fist)	Chloe Lee
B (13-15Y)	F	ChangQuan (Long fist)	Angelica Chen
B (13-15Y)	F	ChangQuan (Long fist)	Sophia Liao

