



## **Fighter's Passport**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Home phone: \_\_\_\_\_ Work phone: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Occupation: \_\_\_\_\_

Sex:            Male            Female

Email: \_\_\_\_\_

### **Contact in Case of Emergency**

Name: \_\_\_\_\_

Phone number: \_\_\_\_\_ Relation: \_\_\_\_\_

### **Family physician**

Name: \_\_\_\_\_

City: \_\_\_\_\_ Phone number: \_\_\_\_\_

### **BODY COMPOSITION ASSESSMENT**

Height: (cm)	Height: (Inches)	<b><u>Athlete Photo Here:</u></b>
Weight: (kg)	Weight: (lbs)	
Resting Blood Pressure (BP): Systolic ____ mmHg	Resting Blood Pressure (BP): Diastolic ____ mmHg	
Resting Heart Rate (HR): ____ bpm		

**Existing Medical Conditions**

**Please check the appropriate conditions.**

- |  |  |
|--|--|
| <input type="checkbox"/> Anemia          | <input type="checkbox"/> Obesity         |
| <input type="checkbox"/> Arthritis       | <input type="checkbox"/> Pregnancy       |
| <input type="checkbox"/> Asthma          | <input type="checkbox"/> Thyroid problem |
| <input type="checkbox"/> Cholesterol     | <input type="checkbox"/> Ulcer           |
| <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Other           |
| <input type="checkbox"/> Epilepsy        | _____                                    |
| <input type="checkbox"/> Heart condition | _____                                    |
| <input type="checkbox"/> Hernia          |  |

**Medications**

**Are you currently taking any medications?**       YES       NO

**If yes, please list the medication and for what condition.**

- |                  |                 |
|------------------|-----------------|
| Medication _____ | Condition _____ |
| Medication _____ | Condition _____ |
| Medication _____ | Condition _____ |
| Medication _____ | Condition _____ |

**Allergies**

**Do you have any allergies?**       YES       NO

**If yes, please list & indicate if medication is required.**

- |               |                  |
|---------------|------------------|
| Allergy _____ | Medication _____ |
| Allergy _____ | Medication _____ |

**Injuries**

**Do you have any pain or have you injured any of the following areas?**

- |                                     |  |
|-------------------------------------|--|
| <input type="checkbox"/> Head       | <input type="checkbox"/> Shoulder: R / L |
| <input type="checkbox"/> Neck       | <input type="checkbox"/> Elbow: R / L    |
| <input type="checkbox"/> Body       | <input type="checkbox"/> Wrist: R / L    |
| <input type="checkbox"/> Back: U/L  | <input type="checkbox"/> Knee: R / L     |
| <input type="checkbox"/> Hip: R / L | <input type="checkbox"/> Ankle: R / L    |

Please explain: \_\_\_\_\_



