



WushuOntario – Combative Safety Equipment Policy

Preamble

All amateur combative sport contestants under the age of 18, participating in a contest that permits full contact strikes to the head, must wear sport appropriate protective headgear. Contestants age 18 and over, in a contest that permits full contact strikes to the head, may compete without sport appropriate protective headgear only where it is consistent with the technical and safety standards of the WushuCanada and/or the International Wushu Federation.

1. Competition Apparel

- a. Competitors shall wear WushuOntario approved Sanda safety gear as designated by their classification.
- b. Competitors shall wear WushuOntario approved shirts and Shorts. Competitors may wear close-fitting undergarments underneath in matching solid colour.
- c. Approved apparel colours may be a red, blue or black uniform set that consists of shorts and a t-shirt or tank top. The logos on the apparel may consist only of either the "club" logo or name, or the manufacturer of the apparel; it may NOT be a photo or large design unless prior approval is attained in writing.
- d. Approved apparel includes any shorts or t-shirt or tank top that is matching in approved colours and that are solid without markings other than that indicated in 1.C.
- e. The apparel may NOT have loose strings, buttons, zippers, or buckles attached that may cause potential injury to competing athletes.
- f. Religious Head Wear or apparel is allowed provided it matches solid colour code of equipment and does not have any ornaments or objects that may impede upon the safety of the competitor or his/her opponent.

2. Protective Equipment

a. Class A

- i. Head Gear Opened face
- ii. Chest protector
- iii. Gum shield/Mouth Guard
- iv. Groin protector to be worn under the shorts
- v. Gloves: IWuF certified:
 1. 8 Oz for 65kg category and under.
 2. 10 Oz for 70kg category and above.
- vi. Optional & Allowable
 1. Ankle and Elbow supports (Compression, non-padded or tape)
 2. Shin Guards (IWuF certified)

b. Class B

- i. Head Gear Opened face
- ii. Chest protector
- iii. Gum shield/Mouth Guard
- iv. Groin protector to be worn under the shorts



- v. Gloves: IWuF certified:
 - 1. 10 Oz for 65kg category and under.
 - 2. 12 Oz for 70kg category and above.
- vi. Optional & Allowable
 - 1. Ankle and Elbow supports (Compression, non-padded or tape)
 - 2. Shin Guards (IWuF certified)

c. Class C

- i. Head Gear Opened face
- ii. Chest protector
- iii. Gum shield/Mouth Guard
- iv. Groin protector to be worn under the shorts
- v. Shin Guards (IWuF certified)
- vi. Gloves: IWuF certified:
 - 12 Oz for all divisions
- vii. Optional & Allowable
 - Ankle and Elbow supports (Compression, non-padded or tape)

d. Class D

- i. Head Gear with Raised Cheek and Jaw Protection
- ii. Chest protector
- iii. Gum shield/Mouth Guard
- iv. Groin protector to be worn under the shorts
- v. Shin Guards with Instep Protection (WushuCanada Recognized)
- vi. Gloves: IWuF certified:
 - 12 Oz for all divisions
- vii. Optional & Allowable
 - Ankle and Elbow supports (Compression, non-padded or tape)

e. Class E

- i. Head Gear with Raised Cheek and Jaw Protection
- ii. Chest protector
- iii. Gum shield/Mouth Guard
- iv. Groin protector to be worn under the shorts
- v. Shin Guards with Instep Protection (WushuCanada Recognized)
- vi. Gloves: IWuF certified or WushuCanada Approved:
 - 1. 10 Oz for 15-17 Years Old
 - 2. 8 Oz for 12-14 Years Old
 - 3. Youth Standard for 11 Years and Under
- vii. Optional & Allowable
 - Ankle and Elbow supports (Compression, non-padded or tape)

3. Responsibility

- a. **Class A/B Gloves**, Head Gear and Chest Protectors will be provided by the organizing committee/host of the competition.
- b. **Class C/D/E Gloves**, Head Gear and Chest Protectors will be self-provided by the competitor but must be approved and provided to the Chief Official at least 1 hour prior to the bout to be pre-inspected by the officials of the competition and must either be solid black in colour, or matching to designated corner colour (RED or BLUE) no other colour shall be accepted. All equipment IF self-provided by the competitor but must be approved and provided to the Chief Official at least 24 hours prior to the event to be pre-inspected by the officials of the competition and must be of the proper color and designated type.
- c. **(Class C, D, E shin guards/insteps)** will be provided by the organizing committee/host of the competition.
- d. **(Class A, B shin guards)** will be self-provided by the competitor but must be approved and provided to the Chief Official at least 24 hours prior to the event to be pre-inspected by the officials of the competition and must be of the proper color and designated type.
- e. **All Gum Shield/Mouth Guards and Groin protectors** will be self-provided by the competitor.
- f. The current approved list of equipment is available upon request to WushuOntario.

4. Samples

a. Apparel



b. T-Shirt Option

